



Camper Packin' List

Remember, our motto is BE PREPARED!

**Jus' be bringin' whacha needin' cause ya gotta carry yous own packs.
An make sure you be labelin' all yer belongings'.**

Girl Scout Uniform (plus, new uniform if you are bridging)
Mess Kit (plate, cup, bowl, utensils) in a draw string mesh bag (with your name on it)
Water bottle
Sunscreen
Non-aerosol insect repellent
Sit-upon
Sturdy shoes (**no sandals or flip flops**) and extra dry socks
Layered change of clothes (Be prepared for warm AND cool weather)
Raingear (Activities continue rain or shine and there will be a lot of walking)
Flashlight
Book and/or cuddly thing
Sleeping bag and pillow
Pajamas
Toothbrush, brush, and hygiene items (wash cloth, etc.)
Lightweight day pack (to carry your snack, water bottle and other activity items)

DO NOT BRING:

Any electronics (Gameboy, CD Player, cell phone), food, drinks, gum, candy, etc.

EMERGENCY PHONE:

We's be campin' out at Camp Elk River. If there be an Emergency ya can call 763-441-0169.
Or, take a holler' to the head honcho Amada Marquez on her cell 612-990-1330.

Leader Packing List

New Girl Scout Uniforms for bridging scouts
Health Forms for each camper
List of any Health Concerns for First Aider (including allergies)
Permission Slips
Troop First Aid Kit and Safety Wise book
Skit idea if your troop would like to perform one
Picnic dinner for Friday or have a plan to stop somewhere

Optional Items:

SWAPS (5-15 per girl) www.gsswaps.net
Troop Flag or Banner
Camera
Travel mug for coffee

Havin' the girls drop off their gear and do an unpack-show-repack the night before is a great idear. That way ya can be sure ya'll be warm and dry on the frontier.